

**UNDERWOOD-MEMORIAL HOSPITAL
Emergency Medical Services Academy**

HEARTSAVER CPR / AED STUDENT FORM

Class Date: _____/_____/_____

Please Print Clearly to ensure a properly spelled certification card

Name: _____

Address: _____

City: _____ State _____ Zip _____

Phone Number: _____ (In case Questions Arise)

Comments:

Class <circle>

| | | | | |
|------------------|-------|----------|----------|------|
| FF – A/C | FF- I | HS - AED | HS – A/C | HS I |
| HS CPR in School | Mask | Choking | | |

Instructor _____ / _____ / _____

Heartsaver - Adult/Child CPR and Infant CPR

| Skill Step | Critical Performance Steps | If you teach AED, do not do this test; go to AED test on other side | |
|--|--|--|---|
| | | Adult/Child CPR <input checked="" type="checkbox"/> if done dorrectly | Infant CPR <input checked="" type="checkbox"/> if done correctly |
| 1 | Checks for response | | |
| 2 | Tells someone to phone emergency response number (or 911) and get an AED | | |
| 3 | Opens airway using head tilt-chin lift | | |
| 4 | Checks breathing <i>Minimum 5 seconds; maximum 10 seconds</i> | | |
| 5 | Gives 2 breaths (1 second each) | | |
| 6 | Bares victim's chest and locates CPR hand (infant: finger) position | | |
| 7 | Delivers first cycle of compressions at correct rate <i><23 seconds for 30 comp.</i> | | |
| 8 | Gives 2 breaths (1 second each) | | |
| 9 | Delivers second cycle of compressions at correct hand position <i>>23 of 30 comp.</i> | | |
| 10 | Gives 2 breaths (1 second each) | | |
| <i>The next step is done only with a manikin with a feedback device, such as a clicker or light. If no feedback device, STOP THE TEST.</i> | | | |
| 11 | Delivers 3rd cycle of compressions of adequate depth & full chest recoil <i>>23 comp.</i> | | |
| | | STOP THE TEST | STOP THE TEST |

Heartsaver - CPR + AED

| Skill Step | Critical Performance Steps | Do this test only if you teach AED | |
|--|--|---|----------------------|
| | | CPR with AED <input checked="" type="checkbox"/> if done correctly | |
| 1 | Checks for response | | |
| 2 | Tells someone to phone emergency response number (or 911) and get an AED | | |
| 3 | Opens airway using head tilt-chin lift | | |
| 4 | Checks breathing <i>Minimum 5 seconds; maximum 10 seconds</i> | | |
| 5 | Gives 2 breaths (1 second each) | | |
| 6 | Bares victim's chest and locates CPR hand position | | |
| 7 | Delivers first cycle of compressions at correct rate <i><23 seconds for 30 compressions</i> | | |
| 8 | Gives 2 breaths (1 second each) | | |
| <i>AED arrives</i> | | | |
| AED 1 | Turns AED On | | |
| AED 2 | Selects proper AED pads and places pads correctly | | |
| AED 3 | Clears victim to analyze <i>(must be visible and verbal check)</i> | | |
| AED 4 | Clears victim to shock/presses shock button <i>(must be visible & verbal check) Max time from AED arrival <90 sec</i> | | |
| <i>Student continues CPR</i> | | | |
| 9 | Delivers second cycle of compressions at correct hand position <i>>23 of 30 compressions</i> | | |
| 10 | Gives 2 breaths (1 second each) | | |
| <i>The next step is done only with a manikin with a feedback device, such as a clicker or light. If no feedback device, STOP THE TEST.</i> | | | |
| 11 | Delivers third cycle of compressions of adequate depth with full chest recoil <i>>23 compressions</i> | | |
| | | | STOP THE TEST |

| RECORD ALL TEST RESULTS HERE SIGN WHERE INDICATED | | Test only one of these | | | | This test is only if you teach infant CPR | |
|--|---|------------------------|----|---------|----|---|----|
| Test Summary | PASS = Above Steps All Checked (Done Correctly) | CPR + AED | | A/C CPR | | INF CPR | |
| | NR = Needs Remediation | Pass | NR | Pass | NR | Pass | NR |
| INDIATE PASS OR NR: | | | | | | | |
| Instructor signature affirms that skills tests were done according to AHA guidelines. <i>Save this sheet with course record.</i> | | | | | | | |
| Instructor Signature: _____ | | | | | | | |
| Print Instructor Name: _____ Date: _____ | | | | | | | |